NFL PICK'EM SHEET · 2026 SEASON

ALL TIMES ET

# Week 4

OCT 1-5, 2026

Lines via FanDuel · as of Oct 5

| | | | | |
|---|---|---|---|---|
| ☐ | **Pittsburgh Steelers** -2.5 | at | ☐ **Cleveland Browns** +2.5 | THU 8:15 PM · Prime Video |
| ☐ | **Indianapolis Colts** -4.5 | at | ☐ **Washington Commanders** +4.5 | SUN 9:30 AM · NFL Net |
| ☐ | **Arizona Cardinals** -2.5 | at | ☐ **New York Giants** +2.5 | SUN 1:00 PM · CBS |
| ☐ | **Dallas Cowboys** +3 | at | ☐ **Houston Texans** -3 | SUN 1:00 PM · Fox |
| ☐ | **Green Bay Packers** -2.5 | at | ☐ **Tampa Bay Buccaneers** +2.5 | SUN 1:00 PM · Fox |
| ☐ | **Jacksonville Jaguars** +2.5 | at | ☐ **Cincinnati Bengals** -2.5 | SUN 1:00 PM · CBS |
| ☐ | **Los Angeles Rams** -3.5 | at | ☐ **Philadelphia Eagles** +3.5 | SUN 1:00 PM · Fox |
| ☐ | **New England Patriots** +6.5 | at | ☐ **Buffalo Bills** -6.5 | SUN 1:00 PM · CBS |
| ☐ | **New York Jets** +3.5 | at | ☐ **Chicago Bears** -3.5 | SUN 1:00 PM · Fox |
| ☐ | **Tennessee Titans** +11.5 | at | ☐ **Baltimore Ravens** -11.5 | SUN 1:00 PM · CBS |
| ☐ | **Miami Dolphins** +9.5 | at | ☐ **Minnesota Vikings** -9.5 | SUN 4:05 PM · Fox |
| ☐ | **Denver Broncos** +2.5 | at | ☐ **San Francisco 49ers** -2.5 | SUN 4:25 PM · CBS |
| ☐ | **Kansas City Chiefs** -4.5 | at | ☐ **Las Vegas Raiders** +4.5 | SUN 4:25 PM · CBS |
| ☐ | **Los Angeles Chargers** +7 | at | ☐ **Seattle Seahawks** -7 | SUN 4:25 PM · CBS |
| ☐ | **Detroit Lions** -3.5 | at | ☐ **Carolina Panthers** +3.5 | SUN 8:20 PM · NBC |
| ☐ | **Atlanta Falcons** +1.5 | at | ☐ **New Orleans Saints** -1.5 | MON 8:15 PM · ESPN · TIEBREAKER |

**Tiebreaker · total points, Monday night game:** _____